

My Favorite Recipe



To Prepare 'Fruit Loaf Bread'

To the homemaker who has been searching in vain for something not only "new" but "different" and delicious as well to perk up the jaded appetites of the family members, Mrs. Annie Joe Robertson suggests her "Fruit Loaf Bread."

This delicacy is the latest culinary creation of Mrs. Robertson, a pastry cook in the employ of the Chicago Board of Education for 20 years.

The busy Mrs. Robertson, who finds time to serve as secretary of the Chicago chapter, Arkansas Baptist Union, is well-known for her artistry in the kitchen. Her recipe for "Fruit Loaf Bread" is made up of simple ingredients easy to prepare.

- FRUIT LOAF BREAD**
- 1 cup butter
 - 2 eggs (whole)
 - 4 tsp. baking powder
 - 2 cups milk
 - 2 cups sugar
 - 4½ cups flour (all purpose)
 - 1 tsp. salt
 - 1½ cups mixed fruit
 - Cream butter and sugar

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Women in Islam

By Tynnetta Deaner

We can never be at peace with our fellowman until we are at peace with ourselves. We can never be at peace with ourselves until we understand ourselves in relationship to others.

Many wise men and women of many nations have tried to write for mankind principles of guidance on morality and society. But although this humanitarian gesture is greatly appreciated by some, its value is almost completely ignored by those whose tragic circumstances of slavery have barred the way to the appreciation and worth of learning and have not been effected by the educational evolution which has characterized the rise of western civilization.

At the expense of one people, must another people be raised to glory and prominence? From the appearance of the last 6,000 years of history, it would appear to be so, but records antedating this period indicate that such extreme rivalry was unheard of. Yet, because of the lack of knowledge, we are victims of accepting the results of our enemies' research and not that of our own.

As in life in general, when we depend upon others to the degree that we rob ourselves of confidence, strength of conviction and of judgment, we live in constant fear of our own weakness and shortcomings.

It is the purpose of the teachings of Islam in this

western hemisphere to bring peace to a people who have only known violence and the pain of deplorable mental abuse. It is the purpose of the teachings of Islam to repel weakness with strength and our shortcomings with achievement.

Why Islam for the black people of America? It is the only natural solution to the complexities of problems which plague the so-called American Negroes. It is our natural religion and our natural way of life.

Negro Lady Rips Virginia Constitution

NORFOLK — A Negro woman last week filed suit in U.S. District Court here, not only challenging the constitutionality of Virginia's poll tax, but charged the state's constitution is a fraudulent document.

The suit was filed by Mrs.

Evelyn Butts through her attorneys, J. A. Jordan, Jr., of Norfolk, and Len W. Holt, formerly of Norfolk and now of Washington.

The suit requests the appointment of a three-judge court to hear arguments on the question of the validity of the poll tax under the U.S. Constitution. And it challenges the validity of the Virginia Constitution, claiming it was never ratified by the state's voters.

Mrs. Butts contends that the laws "are in fact not laws at all, for the acts of the Virginia Constitutional Convention of 1902 have never been ratified by a vote of the electorate as required by the convention mandate."

The suit, which names as defendants Gov. Albertus S. Harris, Mary Dudley, Norfolk City registrar; City Treasurer Alex H. Bell, and William Prieur, clerk of the Corporation Court of Norfolk, calls for a declaratory judgment banning the poll tax laws as null and void and for a permanent injunction restraining enforcement of the laws.

In the suit Mrs. Butts claims she has "all the qualifications for voting, including age, intelligence, residence, character, citizenship, etc.," but is "presently unable to pay the poll tax penalty."

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