

Model Is Excellent Cook

Pretty career girl, Venola Barnes, who suggested this issue's "Recipe to Remember," is one of the few persons fortunate enough to see her childhood ambitions come true early in life.

As a little girl, she dreamed of one day being a secretary and model. Today,

she is a secretary at Draper and Kramer, a Chicago real estate firm, and a Marguerita Ward model with many modeling assignments.

Miss Barnes, who now looks forward to an early marriage, thinks the "Short-Cut Chili" recipe is a boon to the working girl and busy housewife. It is good tasting and can be prepared with a minimum of effort.



...ative do-it-yourself informa-
...r heart, to treat and relieve
...paralysis, arthritis and men-
...in two recent books charged
...ission with false advertising.

publication will not assure readers an increased life span, more energy, savings on medical and dental bills, and that the readers will not feel better than they ever did before.

"The Health Finder," which is now on the bookshelves, says the FTC, will not show the reader how to

SHORT-CUT CHILI

- 1½ lbs. ground beef
- 2 cans small red beans
- 2 medium green peppers
- 1 tsp. salt
- 1 tbsp. chili powder
- 1½ tsp. celery seeds
- 2 cans tomato paste
- 2 medium onions
- 1 tsp. black pepper



Recipe To Remember

A SMILING Venola Barnes, Chicago secretary and model, prepares a favorite dish, "Short-Cut Chili," which she recommends to busy career girls and housewives with tight schedules — as a matter of fact, to all homemakers.

<ul style="list-style-type: none"> ½ tsp. Lowery salt 1 tsp. garlic salt ½ cup water 	<ul style="list-style-type: none"> and add the rest of the ingredients. Simmer slowly until done. Serve Short-Cut Chili with crackers or toast. For added "zip," try serving chili over rice.
<ul style="list-style-type: none"> Brown the ground beef in a fry pan, then add finely-chopped onions and green peppers. Pour into a boiler 	