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Strap shoes: foolish fashion harms women, unborn babies

By Evelyn Littleton

CHICAGO — Straps shoes are the currently popular shoes that have straps all the way up to the knees.

IF THE straps are tied too tight it leads to many complications because the flow of blood is interfered with.

Some complications are Varicose veins (which cause fatigue), aching or a feeling of heaviness in the lower leg after standing. There may be swelling of the ankles and discoloration of the legs.

Varicose veins can lead to hemorrhages and blood clots which are very serious.

One should be able to understand why strap shoes harm one's health.

History will bear witness to the fact that strap shoes can cause still births and malformed babies. During the decline of Rome many women could not bare healthy children.

If you search history, you will

find these women wore strap shoes. Hemorrhages occurred frequently among the women of Rome. The strap shoes are a birth control tool like "the pill or abortion. They are a form of abortion.

Black women should not be

deceived by every fad or foolish style that this corrupted society presents them with. Their intelligence and their sense of womanhood should forbid them from foolishly displaying themselves.

Should back teeth be replaced? Will milk prevent tooth decay?

By Dr. Leo P X McCallum
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Last week we thought it might be an interesting change of pace to discuss some of the many aspects of dentistry and dental treatment in a True or False format. Let's continue this week and view again some of the popular facts vs fallacies in modern day dentistry:

True or False? A toothache

the nerve. If the pain stops after a few days, it may mean that the pulp and nerve are already destroyed and you are carrying infection and disease about in your mouth. Or pain may be caused by the pressure of an abscessed tooth. Periodontal disease (often referred to as pyorrhea) affecting the gum or bone surrounding the teeth may

affect the rate of tooth decay. —
True: No amount of milk will prevent tooth decay once teeth are fully formed. Milk however is the best dietary source of calcium, a mineral which is essential to the healthy growth of teeth and bones. But once the teeth are fully formed, at about 13 years of age, calcium intake ceases to have any effect.