



AN EXPERT on household hints, Mrs. Betty X West and her husband Leroy X West maintain their improvisation ingenuity as, i.e., they designed the above background by gluing felt to the wall and gluing arabic letters to felt. ("In the Name of Allah, the Beneficent, the Merciful . . .") Between them stand replica of one of the guards of King Tutakemman's tomb, which they painted black and gold.

Household Hints From Young San Francisco Homemaker

By Betty X West

I personally have become a righteous homemaker in every sense of the word for the first time in my life.

My husband and I are living far better lives now, than we ever did before becoming followers of Mr. Muhammad. In our classes, among other things, we have learned interior decorating and how to spend our money wisely on useful things, rather than on furniture so expensive you are afraid to let people sit on them.

I have learned how to save my husband money by designing and making my own clothes, making pictures out of felt that stick to the wall, drawing my own pictures and filling the outlines with mosaic rocks.

I have also learned how to cover chairs, couches, make curtains and drapes, shoji screens and many other things that I had no knowledge of before coming into the Nation of Islam. All praises are due to Allah for our leader and teacher because if it were not for him, my husband and I would probably still be smoking, drinking, and doing wicked things completely against our nature.

Here is a helpful hint! There are many Goodwill Industries throughout the Nation. Swallow your pride and visit them. You will find many useful things that may only need painting or sterilizing such as an antique end table for \$2.

Cut the legs down and make an oriental seat by adding a beautiful pillow to place on top of it. If you make your own pillow, the

entire thing may cost only \$5, but if you purchased the same type of seat in a department store it may cost as much as \$25.

The so-called Negro has been offered an opportunity to become future leaders and rulers of the earth. Through Messenger Muhammad's vast program we are given the supreme wisdom of which no other people or nation has been given. In his various classes especially the M.G.T. and G.C.C. (Muslim Girls Training and General Civilization Class) and F.O.I. (Fruit of Islam) we are taught knowledge of self and God and of our enemies.

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