

Cleanliness Is Next To Godliness

These words are of course familiar to many and easy to understand by all. The difficulty arises when one attempts to apply the action to the words. What is involved and to what extent do we practice the word? Recitation adds affluence to one's speech but the exercise thereof adds character to the individual. Is cleanliness merely external or does it have internal roots? What we think becomes our outer garment and what we do reflects our mentality and conscience.

We are a very religious people by nature. Our greatest joys are expressed in honor of the Creator of Heaven and Earth. Though we may be Christians, Jews or Muslims, we have in common a love of God and religion. It is only when we investigate the internal functions of these religions that we discover that one or the other leads us to God and not merely to an idea or conception of God. If, then, we agree that cleanliness is next to Godliness, has the Christian attained this purity? Has the Jew and the Muslim? The first place to look perhaps is in the home and in the society which go hand in hand.

Effects of Alcohol

Christians own and operate taverns and stores where the sale of alcoholic beverages is unlimited and the legal purchase is only limited by one's purse. The effects of the use of alcoholic beverages in our various communities have contributed to drunkenness, lewdness, immoral thoughts and behavior, criminal assault, theft and juvenile delinquency. Stemming from an internal source, the effects are as on the tree whose roots are poor.

What effect has Christian Theology and principles had on these Christians? Without mentioning the use of tobacco, dope and the practice of other social evils, Christian society has not attained purity and nearness to our Creator because of indulgence in such habits of uncleanness.

Neglect Purifications

Yet, so, in spite of the facts, wish to maintain that the Christian is the true servant of God and that Christianity is the true religion of God. The Christian's observance of prayer is not heralded as a necessary and important community function which must be preceded by various ablutions or acts of bodily justification yet they stammer that cleanliness is next to Godliness.

What about the Jews? The Jew, being addicted to the same spiritual deficiencies, has become slack in his observance of religious piety. Many of the Jews have taken it upon themselves to dismiss the Mosaic instructions of rejecting the touch and the taste of hog flesh. Many Jews eat the hog and sell hog meat to anyone who will buy it.

Goes To Root Of Evil

What about the Muslim? For the benefit of the Lost and Found Nation of Islam here in North America going under the name of Negro, may I say that the Honorable Elijah Muhammad is absolutely cleaning up our society and is making it a fit place in which to live. He is teaching upright observance of religion in the right state by going and pointing it out so that we have to the root and the origin of evil that is made fair-seeming. By adhering to such righteous teachings, our children will grow up in an

atmosphere devoid of vices and immorality.

In Islamic Society, we do not get drunk because we do not desire to drink that which is poisonous to our systems and prevents us from attaining spiritual, mental and physical cleanliness before our God, Allah. We have definite times from sunrise to sunset and from sunset to sunrise in which to observe prayer to our Creator which is preceded by ablutions, which are acts of purification of the mind and body.

Who among us could reject such perfection? The Honorable Elijah Muhammad has given us the blueprint from God of a marvelous civilization. We must begin in strict observance of cleanliness both internal and external, for Islam proves above all other religions that cleanliness is next to Godliness!

Muslim Cookbo

NEW LIFE FOR MEAT & SPUDS

Of all the vegetables known and used today, none can claim a more prominent place on the dinner table than the potato. Ever since it was first discovered growing high in the Andes mountains of Peru, Ecuador and Chile way back in the 16th century, its popularity has steadily increased around the world.

Twentieth century homemakers who enjoy the benefit of technical and processing advances buy them in their most modern, convenient dress—frozen. In fact, more packages of frozen French fries are plucked from the frozen food cabinets of food markets than any other vegetable. And it's no wonder: The tasty tricks you can do with them are endless.

Here is a new meal which is a double-barreled combination of two all-time favorites . . . individual meat loaves and frozen French fries. The new twist is a savory chili sauce that flavors both the meat and the potatoes.

First prepare a basic meat loaf recipe with ground beef, ground lamb, rolled oats, milk, onions, salt and pepper. Shape the meat mixture into six stacks or cones. Place them in a shallow two-quart casserole. Next, mix beef bullion with tomato sauce, and spice the two with onions and chili powder. Pour the sauce over the beef cones and bake them in a moderate oven for one hour. During the last, fifteen minutes of baking, brown two packages of frozen French fries on bak-

Muslim Wome

Zodeidah, wife of the famous Khalif, Haroun Al Rashid, had wells and cisterns made available for pilgrims along the whole 900 miles between Iraq and the Holy City Mecca in the Hijaz (in Arabia).

She also had the waterworks of Mecca constructed. Another piece of her