

By Harriett Muhammad

Dear Harriett: I am an Afro Caribbean, or what you would otherwise call a West Indian Negro. I have two professions—I am a qualified teacher, I graduated from the Trinidad Government Training School for Teachers; and I am a licensed Naturopathic physician.

I AM A Muslim and I teach Islam throughout the Caribbean, when I have holidays and on Saturdays and Sundays. What must I do to cast my lot with the struggle of the Hon. Elijah Muhammad? The majority of people in the Caribbean are people of African descent.

I have founded the African Caribbean and Asian Peace Organization, and that includes the redemption of all black America. Besides that I have written two books on African History which interweaves all the black peoples on both sides of the equator. Those books are to be printed soon. Have you any use for me?

Yours in Islam, A.H.J.
Trinidad, West Indies.

DEAR BROTHER: We are always glad to have offers of help from our Muslim brothers and sisters abroad. You are already casting your lot with the struggle of the Hon. Elijah Muhammad when you give your moral support and offer assistance so freely and sincerely. The time is not too far when we will need assistance from such qualified people as you.

This is why it is good to have such offers in advance. I hope your books meet with success and are beneficial to our people as it is certainly time that all of us know our own history. Keep up your good work, and we thank you.

DEAR HARRIETT: My husband has been in prison for six years and is about to return home. What can I do to help him relax and help him start working? We were married four years before he left, and have three healthy children. The children and I have received Welfare since he left. Should I start

working now, before he returns home?

Thanking you in advance.

Mrs. R. B.

Hempstead, New York

DEAR MRS. R.B.: I would imagine that anyone who has had to live off of an institutional diet for so long a time would certainly be longing for lots of good home cooking. I would suggest that you knock yourself out trying to give him good meals and fixing the things that you know he goes for.

Also be sure that you have your home clean and comfortable. Do a little re-decorating and furniture renewing. If you're not very good at this, then ask your friends if they can supply you with suggestions. And of course, don't forget to have yourself and your children looking well groomed, so that he may appreciate coming home even more.

I WOULDN'T suggest you start to work now, since you haven't to this date. Your husband will have a lot of adjusting to do and will need you around for moral support and encouragement. Build up his spirits and tell him how much you and the children want and need him.

This is good for a man to hear—it makes him drive harder and do more. So many women either take it for granted that their man knows they need him till they don't even put it in words. But you'd be surprised what a driving force your words of support can be. Try it. Ask your social worker if your family can continue to be aided until your husband finds employment and gets on his feet. I know this is the rule in California, but I'm not sure about New York.