How to Eat to Live

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Messenger of Allah

They Eat As The Beast Eats (Holy Qur-an)

SINCE THE time of Moses (4000 years ago), we have followed the way of life taught to us by the white race, which often is referred to now in the religious language as the Christian race.

The practice of eating by the white race is not accepted anymore by the people of Islam, to bring to the people a better health and longer life. It must begin with what they eat and how often they force the body to partake of foods for which their appetites call.

A SLIGHT reflection on the eating habits of the Christians and what they eat is enough for you and me to know that one's life would be limited to less than 100 years by such eating habits.

The sign in the Bible by David (Psalms) limits the life of the wicked to three score and 10 years (seventy years) and in another place (In the Psalms) he says that the wicked live not half of their days.

WE HAVE history on what they made of themselves. Their history was written before they came into existence (or were made), which speaks the truth of what they would be (Holy Qur-an).

They have not, as yet, done anything as a surprise to Allah and the scientists.

In fact, as Allah taught me that the scientists of Islam write all of our life histories on what we will do, even to the name of any outstanding person among us, 25,000 years in the future. In this way, they must respect the knowledge or foreknowledge of God.

WE CANNOT blame the white race for its way of civilization, which already was written and we cannot blame them for their way of civilization because it is not like ours, because they are not of us. They are a new people made among us with the nature, training and teaching of their father to do just what they are doing. They cannot help themselves Many of them would like to do differently, but they cannot do that which they are by nature not made to do.

Their way of eating like the beast is true. They eat just about all of the time—three, four or more times a day and even between meals. This is the nature of a beast and especially the hog and dog. They will accept food whether or not they can swallow it and they will eat until they cannot swallow. There are other animals (beasts) of similar characteristics, but the swine and the dog are the greediest of all.

THE WHITE race is mentioned in a teaching of the Bible in St. Mark, Chapter 5:13, in the evil spirits taken out of the man, mentioned there of being possessed with evil spirits and the spirits begging Jesus to allow them to go into the hog. Here, the two are associated with each other—the evil spirits and the hog.

The hog was not made evil by nature, but by nature, it was made to serve the evil person. Therefore, both were made for each other.

By nature, the man that the evil spirit was in was not made for evil spirits. He was not created evil. But the spirits speaking here, asking for a way into swine with man's voice, was a man (this is the white race).

THE HOG was made to serve medical purposes for the white race—not to eat, but for medical purposes — to cure diseases in the white race. Since by nature they are a grafted people, they would attract diseases.

Medical scientists, God taught me, made a germ for them and that is in the hog. God, in the Person of Master Fard Muhammad, taught me that they themselves were forbidden by Moses to eat the hog. But, they have turned and accepted the hog as food, as well as for medical purposes.

SO, WHAT is coming to pass today is the justice for each man, according to the nature of each man. The white man eats the poison, divinely prohibited flesh and invites the world of man to eat it—so give him the hog because the hog was made for him.

Give to the black man that for which by nature he was made (this is the law of justice), which was not the hog or any living flesh. Originally, the Black man did not kill animals to be eaten as food. So, do not eat as the beast eats.